Active RTP liveness discovery

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Requirements

- Active, i.e., even if other side is not sending
- Deal with NAT and firewall disruptions
 - use same port and protocol as "real" traffic
- Don't provide DOS tool
- No implosion for multicast
- RTP mixers & translators may not be aware of mechanism

Solution 1: RTCP

- send dummy RTP packet, use RTCP response to confirm receipt
- RTCP already subject to multicast scaling, including reconsideration
- RTCP response may be delayed
 - not substantially longer than max. reasonable RTT
 - can probably decrease min. interval
- Can't know if receiver implements RTCP
 - everybody should ©
 - can tell whether any RTCP messages

Solution 2: RTP "ping"

- send special RTP packet if other side advertises capability via SDP
 - receiver returns another special RTP packet, to either:
 - to SDP address
 - to IP source address & port → no guarantee that anybody's listening there
- potential feedback implosion → reimplement RTCP one feature at a time
 - ping sender can't know for sure that there's no multicast
 - conference mixers
 - RTP translators