RFC 3978 update

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Changes v:04 to v:06

- remove text relating to "outbound rights"
- state what part of ID were to be normative
- removed comment on copyright on the "collective work"
- add text that moves the boilerplate text from the RFC to a separate URL
- add instruction to IETF Trust to grant the rights needed to run the IETF process to IETF participants